



An IB World School



## TOP NEWS

- OUTBOUND 2025: EK ANUBHAV KI YATRA
- CHILDREN'S DAY FOOD FIESTA
- EXCELLENCE IN SPORTS
- SMART PARENTING: WORKSHOP ON CYBER SECURITY
- CLASS ASSEMBLIES ON IB ATTRIBUTE- 'BALANCED'
- SESSION ON EMOTIONAL INTELLIGENCE AND EFFECTIVE COMMUNICATION

### STUDENT VOICE

*"This trip taught me how to work with my friends and step out of my comfort zone. The safari was the best part. I had only read about wildlife, but seeing it so closely felt magical. I also enjoyed the adventure activities because they pushed me to try things I never thought I could do. I came back feeling more confident, more independent, and so grateful for the memories we made together."*

-Udaybir Bisariya



## OUTBOUND TRIP TO JIM CORBETT: *Ek Anubhav ki Yatra*



Nestled amidst emerald hued forests and echoing bird calls, the three-day excursion to Jim Corbett National Park unfolded as a truly enriching experience for students of Classes VI to XII. Thoughtfully curated, the journey blended learning, adventure and discovery.

A visit to the Garjia Temple by the Kosi River offered a quiet moment of reflection, with clear skies and flowing waters adding to the sense of calm and cultural connection. Adding to the learning journey was a visit to the Jim Corbett Museum, where history and heritage came alive, followed by joyful adventure activities at the Masai Mara Resort. The highlight of the trip was the early-morning jungle safari.

As open jeeps rolled through misty trails, fresh pug marks, distant calls, and sudden rustles offered exciting glimpses into the untamed world of wildlife, making the experience both exhilarating and unforgettable.

The evening ended on a lively note with a DJ night, where students danced their hearts out under the cool Corbett sky.

On the final morning, creativity took centre stage as students crafted blogs and podcasts capturing experiences and takeaways. A warm closing ceremony tied together learning, wonder, and growth—leaving students enriched, inspired, and deeply connected to nature.

## REFLECTIONS FROM THE WILD: SPEED, SKILL AND SUCCESS: EK ANUBHAV KI YATRA DPSGV SPORTING EXCELLENCE



The Outbound trip to Jim Corbett came to a beautiful close with a special assembly that truly captured the spirit of the journey. Students poured their hearts into write-ups in Hindi about their experiences.

In the presence of the entire school, many students confidently shared these memories on stage. Their proud parents, invited specially for the occasion, cheered them on, making the celebration even more meaningful.

It was a joyful and fitting culmination to 'Ek Anubhav ki Yatra'.

## GRACE RHYTHM AND GLORY: DPSGV WINS BIG AT NRITYA SANGAM



DPSG Vasundhara is proud to celebrate the outstanding achievement of Naimissha Das and Anshuman Dey of 9B, who secured the Second Prize at Nritya Sangam, an inter-school classical dance competition held at Apeejay Noida.

Their spellbinding Kathak performance brought to life the mythological narrative of Shiva and Parvati, beautifully portraying Parvati's unwavering devotion to Shiva. Marked by expressive storytelling, graceful movements, and technical finesse, the performance left a lasting impression on the audience and judges alike.



Our young sports star, **Lakshaya Khanna** of 7D represented the East Delhi Team at the Delhi State Sub Junior Basketball Championship 2025,

showing exceptional skill, teamwork and sportsmanship. The team delivered a stellar performance, securing the second position.

## A RISING STAR OF THE TABLE TENNIS ARENA

**Maahir Arora**, Class IV Rose, continues to make DPSGV proud with his stellar achievements in table tennis. Through his dedication, discipline, and passion for the sport, Maahir has consistently demonstrated excellence at both the state and national levels. He is currently ranked



among the Top 16 players in India in the Under-11 category and holds a prestigious position among the Top 8 players in Delhi in the Under-11 category, reflecting his exceptional skill and competitive spirit at a young age.

## EMBRACING THE IB LEARNER PROFILE: 'BALANCED'



PYP 4 Daisy presented a meaningful assembly in the school auditorium on the IB Learner Profile- 'Balanced', thoughtfully aligned with World Stress Awareness Week. The programme opened with a soothing prayer, followed by a short mindful-breathing routine that helped the audience feel calm and centred. Through a well-executed role play, and a reflective poem, the students highlighted the importance of nurturing balance between mind, body, and spirit. Principal Dr. Vinod Kumar appreciated the students for their confident presentation and encouraged all learners to practise the IB Learner Profile attributes in their daily lives.



## LEARNING THAT FLOWS: EXPLORING THE WATER CYCLE



At DPSGV, learning flows naturally through curiosity, exploration, and discovery. Our young inquirers from PYP 2 brought the Water Cycle to life through an engaging 'Water in a Bag' experiment. By observing evaporation, condensation, and precipitation right in their classroom, students gained a clear, hands-on understanding of how water moves through nature. Such experiential learning moments make science meaningful, encourage questioning, and help children connect classroom concepts with the real world. Because at DPSGV, we don't just teach – we nurture lifelong learners.



## SPELL BEE SPARKS FUN AND LEARNING

Grades 1, 2, and 3 buzzed with excitement as the Spell Bee Competition got underway, turning the classroom into a lively arena of words and wit. Young spellers tackled challenging words with confidence, sharpened their vocabulary, and displayed impressive focus and teamwork.

The event showed how interactive competitions boost language skills, confidence, teamwork, and a love for learning, making every participant a winner.



## TOGETHER WE PLAY TOGETHER WE GROW — PTSFG 2025



Delhi Public School Ghaziabad Vasundhara came alive with enthusiasm, laughter, and a beautiful display of community spirit as we hosted our much-awaited Parent-Teacher-Student Fun Games (PTSFG) on 29th November 2025 Session. This special event brought together the three pillars of a child's learning, parents, teachers and students, on one vibrant platform of joy, teamwork, and shared experiences.

The day opened with a warm welcome to our esteemed parents and spirited students, followed by inspiring words from our respected Principal, Dr. Vinod Kumar, whose leadership and commitment to holistic education continue to guide our path. Parents showcased extraordinary imagination as they designed their own team logos, posters, and slogans. The activity echoed with teamwork, laughter, and the excitement of creating something together as a team.

The field was soon buzzing with energy as everyone participated in an engaging warm-up, setting the perfect tone for a fun-filled day ahead.



## INTEGRITY IN ACTION: DPSGV LEADS THE WAY

Class 7B conducted a powerful and thought-provoking special assembly on 'Integrity – Our Weapon Against Corruption'.

Through meaningful messages and a powerful nukkad natak, students highlighted how corruption erodes trust, weakens communities, and harms the nation. They reminded everyone that integrity begins with simple everyday choices – doing what is right, even when no one is watching.

The assembly encouraged all students to say no to bribes, no to shortcuts, and yes to honesty, fairness and accountability.



## EK MUTTHI ANAJ: SMALL GRAINS BIG HEARTS



The 'Ek Mutthi Anaj' initiative at DPSG Vasundhara brought compassion into action as students collected grocery supplies for families in need. Around 50 students visited the Jain Temple in the Vasundhara vicinity, where the food grains were distributed to support the underprivileged. The initiative not only provided essential support to these families but also nurtured socially conscious, caring citizens—reinforcing that collective kindness can truly make a difference.

## EVERY CITY IS A LIVING CLASSROOM

As part of the Citizenship Curriculum under Exploration 1 – Diversity in My City, our Grade 6 learners visited the Mohan Nagar Temple and gained a deeper understanding of the rich cultural and historical layers of Ghaziabad. Students observed the temple's unique architecture, intricate traditional motifs and carvings, that beautifully represent the city's artistic heritage. This visit helped students appreciate how cultural spaces shape the identity of a city and highlighted the diversity, history, and community life that make Ghaziabad vibrant and unique.



## FOOD FIESTA BRINGS CHILDREN'S DAY TO LIFE AT DPSGV

The school campus burst into colour, aroma, and joyful chatter as students of grades 6–11 hosted a vibrant Food Fiesta on Children's Day. Parents were invited to be a part of the celebration, adding warmth and excitement to the festive mood.

From the very beginning, the atmosphere was electric – strings of handmade décor, colourful bunting, and cheerful signboards welcomed visitors to stalls brimming with delicious food and fun-filled games. What made the day truly special was that every detail was managed entirely by the students. They prepared the food, set up and decorated their stalls, handled transactions, and engaged with visitors with confidence and enthusiasm.



The culinary spread drew enthusiastic crowds, with food stalls offering pasta, burgers, cakes, beverages, bhel puri, cutlets, and creative fusion dishes, alongside lively game stalls that kept everyone entertained.

Friendly competitions for Best Décor, Best Hygiene, and Biggest Sale added excitement and encouraged teamwork and careful planning.

Beyond celebration, the Food Fiesta became a meaningful learning experience, helping students develop real-life skills.

The day concluded with happy smiles and lasting memories, making it a truly memorable Children's Day celebration.



## SMART PARENTING- A COLLABORATIVE STEP TOWARDS SAFER ONLINE SPACES

DPSG Vasundhara organised an engaging and insightful session on Smart Parenting in a Digital World with Dr. Rakshit Tandon, renowned Cyber Security Evangelist. We were also honoured to welcome Mr. Sunil Tyagi, Founder Director of ICON Group of Schools, as the Guest of Honour. Dr. Tandon shared valuable insights into the fast-evolving digital world children navigate, addressing key concerns such as cyberbullying, phishing, identity theft, gaming risks, and unsafe online interactions. The session highlighted the importance of parental controls, balanced screen-time habits, device protection, cybercrime reporting awareness, and healthy digital conversations at home. With active parent participation and practical strategies from the expert, it strengthened the school's mission to foster a safe, informed, and responsible digital environment for students.



## CONVERSATION OVER COFFEE

At DPSG Vasundhara, our Coffee Mornings continue to brew warmth, connection, and collaboration! These sessions with the Principal, create a relaxed, interactive space where parents engage in open conversations about our learners' progress, celebrate achievements, and collaboratively explore ways to support every child's growth and well-being.

Each Coffee Morning is not just about sharing feedback—it's about building a stronger school community, one cup at a time.



## MOMENT OF NATIONAL PRIDE: VANDE MATARAM @ 150



DPSG Vasundhara marked a proud national moment by participating in the grand celebration of the 150th anniversary of Vande Mataram at the Indira Gandhi National Stadium, New Delhi, graced by the Hon'ble Prime Minister Shri Narendra Modi.

Ruchika Chatterjee (Class 12 B) and Mr. Madho Prasad from the Music Department, represented DPSG Vasundhara with pride.

DPSG Vasundhara's participation in this iconic event highlighted the school's commitment to fostering national pride and cultural awareness among its students.

## SCIENCE WEEK 2025: IGNITING CURIOSITY, INSPIRING INNOVATION



DPSG Vasundhara celebrated Science Week 2025 with engaging events that sparked curiosity and scientific thinking.

Beginning with 'Aakash Tattvam', an interschool astronomy quiz, followed by a stimulating physics symposium linking classical theories with modern advancements. The week was further enriched by an inspiring session led by alumni Mr. Zain Hashmy and Ms. Vyapti Tyagi on the intersection of biology and artificial intelligence, reaffirming the school's commitment to nurturing inquiry, innovation, and scientific temperament. Students participated enthusiastically in discussions and activities that encouraged critical thinking and real-world application of scientific concepts.

## CCUP: EXPLORING LEADING UNIVERSITIES



The Career Counselling & University Placements (CCUP) Team, led by Mr. Sarthak Agarwal, embarked on an enriching visit to four renowned institutions—Ashoka University, OP Jindal University, Shiv Nadar University, and Bennett University.

This first-hand experience equips the CCUP Department with deeper understanding and updated information, enabling them to guide students more effectively as they make informed decisions about their higher-education journeys.

## FROM DPSG TO DISTINCTION AND BEYOND



DPSG Vasundhara proudly celebrates our distinguished alumnus, **Snehil Kumar Singh, IAS** (Batch of 2010)—a shining example of dedication, integrity and purposeful leadership.

After completing Civil Engineering from **IIT Roorkee**, he chose the path of public service and successfully cleared the **UPSC Civil Services Examination in 2016**.

He began his illustrious career as **Assistant Collector in Kozhikode** and went on to serve in esteemed roles, including **Staff Officer to the Chief Secretary and Executive Director of the Kerala State Industrial Development Corporation**.

We are honoured to have been a part of his journey and remain committed to nurturing many more learners who embody the same resilience, discipline, and drive to excel.

## THE ART AND PRACTICE OF EFFECTIVE COMMUNICATION

A workshop on 'Communication Skills' was conducted at DPSG Vasundhara on 21st November 2025, which focused on the idea that while everyone communicates, true understanding requires intention, clarity and connection. Through reflective activities and discussions on verbal, non-verbal, visual and written communication, participating teachers explored how communication can be strengthened. The session highlighted the importance of empathy, trust-building and awareness of classroom challenges. Practical frameworks such as VARK (Visual, Auditory, Reading/Writing, Kinesthetic Learners) and the ABC (Antecedent, Behaviour, Consequence) models were introduced to help teachers better understand learner needs and communicate purposefully. The workshop encouraged educators to pause, reflect and refine their communication so that every interaction – with students, parents and colleagues – becomes more meaningful and effective.



## NURTURING EMOTIONAL INTELLIGENCE IN EVERY CLASSROOM



DPSG Vasundhara conducted a session for teachers on embedding Emotional Intelligence into daily classroom practices across all subjects. The session underscored that EQ is not an "extra" lesson but a powerful lens through which language, science, mathematics, social science, and arts can be taught more meaningfully.

Teachers reflected on strategies that build empathy, self-awareness, resilience, and responsible decision-making among students. Practical techniques—such as reflective questioning, emotion-linked discussions, mindful routines, collaborative tasks, and a shift from LOTS to HOTS—were explored to show how emotional skills and academic learning can grow together.

The session showed that integrating EQ into teaching makes classrooms more inclusive, strengthens students' life skills, and improves learning—aligning with the school's mission to nurture confident and compassionate learners.

**"Intention is power. Intention is ownership. Intention is commitment. Intention is magic."  
-Sonia Choquette**

### PRINCIPAL'S MESSAGE

Dear Readers,

As I walked through the corridors this month, I was heartened to see students engaging with sincerity, teachers offering personal attention and parents partnering with the school in meaningful ways. This collective spirit strengthens the culture we aspire to uphold, one where discipline grows from inner conviction, where empathy guides action and where every student learns that leadership begins with small, consistent choices.



When students see litter on the ground and choose to pick it up, switch off classroom lights and fans, avoid transgressions, help another student in need, prevent wastage in terms of food, paper or excessive consumption, they learn that mindfulness begins with small acts.

This spirit of mindful responsibility becomes even more meaningful when viewed against the backdrop of recent environmental challenges. The rising Air Quality Index (AQI) has reminded us that we share one sky, one environment, and one responsibility. Even though the AQI has shown encouraging improvement in recent weeks, its unpredictable fluctuations continue to influence school life across NCR. These changes highlight an undeniable truth: the environment in which our children grow deeply shapes the education they receive. As educators, our task is not only to impart knowledge but to nurture young citizens who understand that their actions ripple outward, affecting their community and their world.

But ownership extends far beyond environmental awareness. It includes how students behave in school premises, how they treat peers and teachers, how they use digital spaces and how they manage their time, learning and duties.

When students begin to accept responsibility for their actions whether in their behaviour, their choices, or their surroundings, they lay the foundation for integrity and leadership.

We have to remember that, "What I do matters. What I choose matters. Who I become matters." When this mindset takes root, discipline is no longer imposed, it becomes internal.

As we move forward, I encourage our students to stay curious, remain mindful and stay aware of the world they inhabit. Let us continue to build a school culture where learning is meaningful, behaviour is thoughtful and responsibility is embraced by all. Together, we can ensure that our children not only excel academically but also grow into compassionate and conscious citizens, ready to shape a more sustainable and secure tomorrow.

**Warm regards,  
Dr. Vinod Kumar**

## THE QUIET STRENGTH

Responsibility begins softly, like light at dawn,

A whisper that tells you to carry on.

To mend, to guide, to do your part,  
Not for applause, but from the heart.

It's in the small things we often ignore,  
Closing a door, lifting from the floor,  
A promise kept, a task done right,  
Choosing integrity out of sight.

Ownership grows where blame dissolves;  
Where courage steps in, and problems  
evolve.

It asks us to stand when standing is hard,  
To guard our actions like a sacred guard.

For when you stand steady, honest and  
true,

The world becomes better,  
Because of you.

## CHALLENGES OF PARENTING

### Navigating Modern-Day Parenting: Challenges, Roles and the Values That Matter



Parenting has always been a journey of love, patience, and continuous learning. The pace of modern life, academic pressure, digital exposure, and shifting family structures have reshaped the way children grow – and the way parents must guide them. As a school community, understanding these challenges helps us support families and nurture children who are emotionally strong, responsible, and future-ready.

#### 1. Fast-Paced Lifestyle, Supportive Guidance & Instilling Empathy

Modern parents balance demanding jobs, long commutes, and daily responsibilities, often leaving little time for meaningful bonding. By acting as guides rather than controllers, parents help children feel heard, build confidence in decision-making, and nurture respect, empathy, and strong emotional connections, ensuring children feel valued and understood.

#### 2. Academic Pressure, Effective Communication & Teaching Discipline

High expectations in academics, sports, and co-curriculars often create stress and comparison among children. Parents must act as effective communicators, creating a safe space for their children to share fears, mistakes, and dreams. This builds the values of responsibility and discipline, teaching children to manage time, set realistic goals, and develop a healthy attitude towards learning.

#### 3. Screen Exposure, Emotional Anchoring & Building Resilience

Technology offers valuable learning opportunities but also poses risks such as distraction, sleep disturbance, and reduced social interaction. As emotional anchors, parents guide children in understanding their feelings, managing frustration, and maintaining balance, thereby nurturing resilience, healthy decision-making, and confident problem-solving skills.

#### 4. Changing Family Structures, Role Modelling & Practicing Gratitude

With nuclear families, single parenting, or parents working away, many children face emotional instability or loneliness. Parents act as role models, demonstrating kindness, honesty, and self-control through everyday behaviour. These actions help children develop gratitude and humility, keeping them grounded in a world full of comparison and pressure.

#### 5. Peer Pressure, School Collaboration & Building Integrity

Social media and peer influence expose children to unrealistic expectations, cyberbullying, and constant comparison. Parents become collaborators in education, working with teachers and counsellors to support a child's overall well-being. Through consistent guidance, children learn honesty and integrity, values that strengthen character and help them navigate social challenges.

#### 6. Mental Health Concerns, Digital Monitoring & Responsible Online Behaviour

Issues such as anxiety, low confidence, and emotional stress are rising among students, but many parents are unsure how to respond. Parents take on the role of digital gatekeepers – monitoring screen time, encouraging balanced habits, and teaching safe online behaviour.

#### Conclusion

Parenting in today's world is both rewarding and demanding. While challenges are many, the essence of parenting remains unchanged – love, presence, patience, and guidance. By understanding the pressures of modern life and focusing on emotional connection and strong values, parents can raise confident, compassionate, and responsible young individuals. As a school, we remain committed to supporting every family in this journey. Together, we can create a safe, nurturing, and inspiring environment where every child thrives.

**Sudeshna Nath**  
School Counsellor